

SOLEPOWER

GUEST INFO



PODCAST



ZOOM RECORDING

All recordings are done in Zoom. Only audio files are used in the podcast. Video will not be published without your consent.



LISTEN TO SOLEPOWER

Familiarize yourself with our podcast - listen to at least two episodes before joining as our guest.

<https://podcasters.spotify.com/pod/show/sole-power>



WIFI

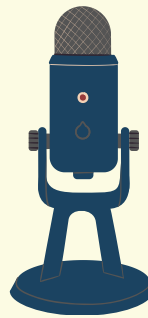
Please close open windows on your computer to prevent lagging. You may be asked to record your audio on your computer's recording tool and send file to Angela.



HEADPHONES

Apple Earbuds (earpods)
Beats with Microphone

Some headphones have a quality microphone built in, which is ideal.



MICROPHONES

Clear, crisp audio is a necessity. **Do not use computer internal microphone for recording.**

The hosts use Yeti Blue microphones



GUEST QUESTIONNAIRE

Please complete the guest questionnaire before we record. It enables us to put talking points together for the recording.